

What is a WIC Breastfeeding Peer Counselor?

A woman who . . .

- breastfed her baby and has been on WIC
- has completed a WIC breastfeeding course
- shares breastfeeding information
- gives you support before and after your baby is born
- helps families get off to a good start
- can visit you at home
- is a phone call away



WIC Breastfeeding Moms also get:

- ♥ breastfeeding support
- ♥ extra food
- ♥ nutrition tips
- ♥ WIC checks until baby's first birthday
- ♥ videos, books and pamphlets
- ♥ breast pumps



VOLUNTEERS always welcome!